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What Medical Expenses Can you Claim on your Personal Tax Return:

Generally, you can claim all amounts paid, that you **did not** or **will not** receive reimbursement for such as

- Prescription drugs, and certain prescription medical devices
- Prescription eyeglasses or contact lenses
- Massage Therapy, Chiropractor, Acupuncture
- Dental or Dentures
- Payments to a medical doctor, dentist, nurse, or certain other medical professionals
- Premiums paid to **private** health services plans (other than those paid by an employer)
- Expenses for artificial limbs, wheelchairs, crutches, hearing aids, and pacemakers

These are only examples a detailed list of eligible expenses can be found on the Canada Revenue website

Travel Expenses for Medical:

Travel must be at least 80 kms (one way) from your home to get medical services. The Cost of Travel may include accommodations, meals and parking when a person needs to travel at least 80 kms (one way)

To claim transportation and travel expenses, the following conditions must be met:

- Substantially equivalent medical services were not available near your home
- You took a reasonably direct travelling route
- It is reasonable, under the circumstances, for you to travel to that place for those particular medical services

If a medical practitioner certifies in writing that you were not able to travel alone to get medical services, you can also claim the transportation and travel expenses of an attended.

For calculating meal and travel expenses you can choose to use the detailed or simplified method. If you use the detailed method, you have to keep all receipts and records.

You must keep receipts for all accommodation expenses and you must be able to show that the amount for accommodation is necessary because of the distance traveled and your medical condition.

The form should be completed and presented while preparing your tax return to ensure all eligible expenses are captured.